

Sonora ISD COVID-19 Student Quarantine Protocol – Per 3-12--21 Guidance

SCENARIOS	DEFINITION(S)	PROTOCOL	RETURN TO SCHOOL
<p style="text-align: center;">SCENARIO 1</p> <p style="text-align: center;">STUDENT WITH COVID-19 SYMPTOMS</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">STUDENT CONFIRMED OR PRESUMED POSITIVE FOR COVID-19</p>	<p>COVID-19 Symptoms: In evaluating whether an individual has symptoms consistent with COVID-19, consider the following question:</p> <p>Have they recently begun experiencing any of the following in a way that is not normal for them?</p> <ul style="list-style-type: none"> • Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit • Loss of taste or smell • Cough • Difficulty breathing • Shortness of breath • Fatigue • Headache • Chills • Sore throat • Congestion or runny nose • Shaking or exaggerated shivering • Significant muscle pain or ache • Diarrhea • Nausea or vomiting 	<p>The student MUST:</p> <ul style="list-style-type: none"> • Stay away from District property • If on District property, place in isolation until able to leave • Immediately notify parent/guardian AND Pennie Litterell at 325-387-6980 or Ext 3114 • Remain home until cleared to return to school 	<p>Students must meet ALL of the conditions before re-entry:</p> <ul style="list-style-type: none"> • At least one day (24 hours) has passed since recovery (resolution of fever without the use of fever-reducing medications); • Improvement in symptoms (e.g., cough, shortness of breath); and • At least 10 days have passed since symptoms first appeared. <p>In the case of a student who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, the student is presumed to have COVID-19 and may not return to District property until the student has completed the same criteria set above.</p> <p>If the student has symptoms that could be COVID-19, did not test positive, and wants to return to school before completing the above stay-at-home period, they must either:</p> <ul style="list-style-type: none"> • Obtain a medical professional’s note clearing the individual for return based on an alternative diagnosis, though for health privacy reasons the note does not need to indicate what the alternative diagnosis is; or • Obtain an acute infection test (at a physician’s office, approved testing location, or other site) that comes back negative for COVID-19. <p>In the case of a student that is asymptomatic but has received a positive COVID-19 test result, the student may not return to the campus until ten days have passed since a positive test.</p> <p>If the student has tested positive for COVID-19 and believes the test was a false positive, and wants to return to school before completing the stay at home period, the individual must either (a) obtain a medical professional’s note clearing the individual for return based on an alternative diagnosis, though for health privacy reasons the note does not need to indicate what the alternative diagnosis is, or (b) obtain two PCR acute infection tests (at a physician’s office, approved testing location, or other site) at least 24 hours apart that come back negative for COVID-19.</p>

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<p style="text-align: center;">SCENARIO 2</p> <p style="text-align: center;">STUDENT IN CLOSE CONTACT WITH TEST-CONFIRMED COVID-19 POSITIVE</p> <p>NOTE: IF THE STUDENT HAS BEEN VACCINATED OR TESTED POSITIVE FOR COVID WITHIN THE PAST THREE (3) MONTHS, REVIEW SCENARIO 4.</p>	<p>Close Contact: This document refers to “close contact” with an individual who is test-confirmed to have COVID-19. The definition of close contact is evolving with our understanding of COVID-19, and individual scenarios should be determined by an appropriate public health agency. In general, close contact is defined as:</p> <p>a) being directly exposed to infectious secretions (e.g., being coughed on); or b) being within 6 feet for a total of approximately 15 minutes throughout the course of a day; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, vaccination status, prior infection status, and case symptomology may affect this determination.</p> <p>Either (a) or (b) defines close contact if it occurred during the infectious period of the case, defined as two days prior to symptom onset to 10 days after symptom onset. In the case of asymptomatic individuals who are test-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming lab test and continuing for 10 days following the confirming lab test.</p> <p>The above definition of close contact from TEA is derived from CDC guidance. Check with your LHA for additional guidance as necessary.</p>	<p>The student should:</p> <ul style="list-style-type: none"> • Notify Pennie Litterell at 325-387-6980 or Ext 3114 • Remain home until cleared to return to school <p>* If the student has been vaccinated or tested positive for COVID within the past 3 months, review Scenario 4.</p>	<p>If a student tests positive or develops symptoms at any time, whether or not the student tests positive, negative, or does not test at all, then the student’s situation must be analyzed under the Scenario 1 outlined above.</p> <p>In the case of a student who tests negative or does not test (and never develops symptoms), the student quarantine period will depend on the school’s stay-at-home period.</p> <p>Taking into account CDC guidance updated on December 2, 2020, the District has selected the following stay-at-home period(s), absent specific control orders issued by the local health authority regarding the identified individuals:</p> <ul style="list-style-type: none"> - 10 days after the last close contact, so long as they continue to monitor themselves daily for symptoms and take appropriate precautions through day 14; - 7 days after the last close contact, after receiving a negative test result (administered at least 5 days after the last close contact), so long as they continue to monitor themselves daily for symptoms and take appropriate precautions through day 14. <p>NOTE: CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus.</p> <p>https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html</p>

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<p style="text-align: center;">SCENARIO 3</p> <p style="text-align: center;">STUDENT INTERACTION THAT DOES NOT QUALIFY AS CLOSE CONTACT</p>	<p>If a student has contact that does not meet the definition of close contact, outlined above, but:</p> <ul style="list-style-type: none"> • has contact with someone who is test-confirmed positive <ul style="list-style-type: none"> ○ more than six feet apart; or ○ for less than for a cumulative duration of 15 minutes; or ○ who due to additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, vaccination status, prior infection status, and case symptomology did not meet the definition of close contact; or • has contact with someone who had close contact with a lab confirmed positive; or • has contact with someone who is presumed positive, but not lab confirmed. 	<p>The student will be allowed to continue attending school, however they MUST:</p> <ul style="list-style-type: none"> • Continuously monitor for symptoms • Consistently follow District COVID-19 protocols <p>If the student begins experiencing any COVID-19 symptoms, then the student’s situation should be analyzed under the STUDENT WITH COVID-19 SYMPTOMS scenario outlined above.</p>	<p style="text-align: center;">N/A</p>

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<p style="text-align: center;">SCENARIO 4</p> <p>QUARANTINE GUIDANCE FOR FULLY VACCINATED INDIVIDUALS AND INDIVIDUAL WHO HAVE TESTED POSITIVE FOR COVID-19 WITHIN THE PAST THREE (3) MONTHS AND RECOVERED</p>	<p>Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:</p> <ul style="list-style-type: none"> • Are fully vaccinated (i.e., ≥2 weeks following receipt of the second dose in a 2-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine); • Have remained asymptomatic since the current COVID-19 exposure <p>Persons who have tested positive for COVID-19 within the past three (3) months and recovered do not have to stay at home or get tested again, so long as they do not develop new symptoms.</p> <ul style="list-style-type: none"> • Individuals who develop symptoms again within three (3) months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms. <p>*This guidance is from TEA, in accordance with CDC Guidelines https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html</p>	<p>If the student meets these criteria, the student will be allowed to continue attending school, however they MUST:</p> <ul style="list-style-type: none"> • Continuously monitor for symptoms • Consistently follow District COVID-19 protocols <p>If the student begins experiencing any COVID-19 symptoms, then the student’s situation should be analyzed under the STUDENT WITH COVID-19 SYMPTOMS scenario outlined above.</p>	<p style="text-align: center;">N/A</p>

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Notes:

- In the above, days means calendar days.
- For each event that triggers a quarantine, the student’s situation should be re-evaluated under the particulars of the relevant scenario. It may be necessary to contact legal counsel to discuss the student’s ability to return to school when multiple of the above scenarios apply to the same student.
- **This quarantine protocol was developed based on the Public Health Planning Guidance for School Year 2020-2021 issued on March 12, 2021. TEA states that changes to the public health situation may necessitate changes to the TEA guidance. As such, changes to the TEA guidance may necessitate changes to this quarantine protocol.**

** [UIL COVID-19 Risk Mitigation Guidelines](#) state: “[i]n addition to the criteria and processes described above, a student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in UIL marching band or athletic activities.”