Research shows that healthy children do better in school, from attendance and behavior to academics and overall performance.

The School Health Advisory Council (SHAC) works with the district to help school communities support wellness and academic achievement.

SHAC is a district advisory council. It is made up of parents, students, community members, and school staff working together to improve the health of all students and families through coordinated school wellness programs.

Please contact me, Jennifer Nichols, at 387-6940 ext. 3103, if you are interested in joining our SHAC team! We invite all parents and community members to collaborate to improve the health of our students, staff and families.